



WINTER MOD CAMP 2008

7th – 9th July 2008

*Specialist coaching catering for all skill levels of players
10 to 12 years*

All players receive:

- Top class coaching and instruction from NSWRL Development Staff and guest Coaches.
- Dormitory room accommodation with dining, recreation, video, seminar rooms and use of all the Academy's facilities; pool, ropes, canoeing and tennis
- All meals
- 2 nights Accommodation, a Steeden football, 2 training shirts, 1 pair of shorts, a Cap, Water bottle, Camp photo and Certificate of Attendance

The camp fee of **\$310.00** covers everything. There are no additional costs and the three-day camp provides the players with an invaluable Rugby League experience. At all times during the camp, players will follow a carefully balanced program designed to promote skill development, nutrition, sportsmanship, fun and enjoyment. All players are fully supervised throughout the duration of the camp by trained NSWRL Staff and Academy of Sport Staff.

Guest appearances by various NRL players and recreational activities such as canoeing, archery, bike riding, swimming tennis etc are also included.

“This camp is an ideal chance for players in the 10 to 12 years age group to receive extra coaching in the skills of the game. Players will be coached by highly skilled and ARL accredited coaches. They will also have the chance to meet players from all over the state”

Discount rates for Participants:

Clubs or schools with 5 or more participants are \$300.00 per player

Location:

Sydney Academy of Sport, Wakehurst Parkway, Narrabeen.

For further information, contact:

NSW Rugby League Academy

PO BOX 533

Narrabeen NSW 2101

Ph: 02 9971 0877

Fax: 02 9971 0977

Email: academy@nswrlacademy.com.au



APPLICATION FORM - Winter Mod Camp

Name: _____

Date of Birth: _____ Age at 1st Jan 2008: _____

Address: _____
Postcode: _____

Phone (H): _____ (Mob): _____ Email: _____

Junior League Club: _____

T-Shirt size: Small Medium Large X Large
Short size: Small Medium Large X Large

Closing date for applicants is 22nd June 2008 but places will be allocated on a first receive basis. **You are advised to book early to avoid disappointment.**

My payment of \$_____ is enclosed.

If paying by cheque, please make out to NSW Rugby League and staple to the back of this application form.

Personal Particulars

Emergency contact: Given Name: _____ Surname: _____

Ph: (h) _____ (w) _____ Relationship: _____

Health Care Details: Medicare No: _____

Private Health Insurance: Yes No Fund: _____

Current History:

Current Medical Problems: _____

Any regular medications (name & dosage): _____

Allergies: _____

Sports Injuries (any current injuries): _____

Past History: Have you had...?

Epilepsy Yes No Hepatitis A Yes No Hepatitis B Yes No
Diabetes Yes No Heart Problem Yes No Asthma / Bronchitis Yes No
Hernia Yes No Concussion Yes No

Have you sustained...?

A fracture in the last 3 years? Yes No If yes, where? _____

A Dislocation Yes No If yes, where? _____

Do you suffer from...? Recurring pain in any joint with play / practice? Yes No

If yes, where? _____

Have you ever been treated for Head, Neck or Spinal Injury? Yes No

Details _____

Are you aware of the inherent risks of participating in physical activity such as Rugby League? Yes No

I authorise the Camp Directors to arrange any medical treatment needed if required.

Successful candidates will be required to abide by the NSW Rugby League's Code of Conduct while participating in the Camp. A copy of which will be forwarded upon receipt of completed application.

I declare that the above information is a true and correct record as at the date below:-

Signed: (Player) _____ **Date:** _____

Parent / Guardian _____

Signature: _____ **Date:** _____

Send applications and cheque to: NSWRL Academy, PO BOX 533 Narrabeen NSW 2101